Reviewing Oral PrEP Options

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- One or more PrEP options may fit your needs today, and you can change your choice over time.
- All uses of PrEP are 99% effective at preventing HIV infection when taken as prescribed.
- Generic drugs are the same potent, protective drugs in brand-name PrEP medications.

1. Talk with your provider. 2. Get tested regularly. 3. Take PrEP as prescribed. 4. Make it routine.

PrEP care includes staying in covered medical services to ensure the timely use of PrEP meds, regular HIV and STI testing, pill refills or on-time injection visits, and other testing for pregnancy, kidney health, and viral hepatitis.

Currently in clinical study.

	DAILY ORAL		2-1-1 ORAL	WEEKLY ORAL	MONTHLY ORAL
DRUG NAME	**Descovy** F/TAF (emtricitabine/ tenofovir AF)	**Truvada, generics** F/TDF (emtricitabine/ tenofovir DF)	**Truvada, generics** F/TDF (emtricitabine/ tenofovir DF)	**LEN (lenacapavir)** *Expected early 2027.*	**Alimatravir** *Expected late 2027.*
WHO CAN TAKE	Anyone assigned male at birth can take for any sex.	Anyone can take for any type of sex or for sharing syringes.	Gay men and transgender women.	Anyone can take for any type of sex.	Anyone can take for any type of sex.
REASON TO USE	Good for people who like a routine.	Good for people who like a routine.	Good for people who can plan anal sex and take every pill.	Good for people who want to take a pill less often.	Good for people who want to take a pill less often.
HOW TO TAKE	Take one pill by mouth about the same time every day, with or without food. You're still protected with an occasional missed dose.	Take one pill by mouth about the same time every day, with or without food. You're still protected with an occasional missed dose.	Take 2 pills 2 to 24 hours before anal sex, then 1 pill daily for 2 days after the last sex you have. *Called "2-1-1" or "on-demand" PrEP.*	Take 1 pill by mouth the same day & time each week, with or without food. *"Take out the garbage, then take your pill."*	Take 1 pill by mouth the same day each month, with or without food. *"Pay rent, then take your pill."*
SIDE EFFECTS	May occur in < 1 in 10 people (headache, fatigue, fever, gastro-intestinal issues for the first 2 weeks).	May occur in < 1 in 10 people (headache, fatigue, fever, gastro-intestinal issues for the first 2 weeks).	May occur in < 1 in 10 people (headache, fatigue, fever, gastro-intestinal issues for the first 2 weeks).	More known after FDA approval.	More known after FDA approval.
HORMONE USE	Safe to use.	Safe to use.	Safe to use.	Safe to use.	Safe to use.
KIDNEY HEALTH	People with healthy kidneys can use.	People with healthy kidneys can use.	People with healthy kidneys can use.	No impact on kidney health.	No impact on kidney health.
BLOOD FATS	Possible slight in-crease in cholesterol.	Possible slight drop in cholesterol levels.	Possible slight drop in cholesterol levels.	More known after FDA approval, if any.	More known after FDA approval, if any.
WEIGHT	May cause small weight gain.	May cause small weight loss.	May cause small weight loss.	More known after FDA approval, if any.	More known after FDA approval, if any.
INTER-ACTIONS	*Ask a clinician about possible interactions.* Some meds for hep B, viral and bacterial infections, protein/ creatine products, or heavy NSAID use.	*Ask a clinician about possible interactions.* Some meds for hep B, viral and bacterial infections, protein/ creatine products, or heavy NSAID use.	*Ask a clinician about possible interactions.* Some meds for hep B, viral and bacterial infections, protein/ creatine products, or heavy NSAID use.	More known after FDA approval, if any.	More known after FDA approval, if any.

Reviewing Injectable PrEP Options

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	INJECTABLE CABOTEGRAVIR		INJECTABLE LENACAPAVIR	
DRUG NAME	**Apretude (2 mo.)** CAB (cabotegravir)	***cabotegravir (4 mo.)*** *(in clinical study, not yet on the market)*	**Yeztugo (6 mo.)** LEN (lenacapavir)	***lenacapavir (12 mo.)*** *(in clinical study, not yet on the market)*
WHO CAN TAKE	Anyone can take for any type of sex.	Anyone can take for any type of sex.	Anyone can take for any type of sex.	Anyone can take for any type of sex.
REASON TO USE	Good for people who prefer an injection for **2 months** of protection.	Good for people who prefer an injection for **4 months** of protection.	Good for people who prefer injections for **6 months** of protection.	Good for people who prefer injections for **12 months** of protection.
HOW TO TAKE	**Day 1:** one injection. **Day 30:** one injection. **Then every 60 days:** 1 injection. Injection is given by a clinician in a hip muscle. Use oral pills to bridge missed injections.	Will likely be one injection in a hip muscle, similar to current CAB.	**Day 1:** 2 injections + 2 oral pills. **Day 2:** two oral pills. **Then every 6 months:** 2 injections. Injections are given by a clinician in the abdomen or thigh. Use oral pills to bridge missed injections.	Will likely be two injections in a hip/butt muscle.
INJECTION SITE REACTIONS	Mild to moderate pain, swelling, tenderness, warmth, and bruising, generally lasting a week or so, usually with the first 1 or 2 injections. Can switch hips on each injection.	Will likely be similar to current CAB.	Mild to moderate pain, swelling, tenderness, warmth, and bruising. Bumps generally last a few weeks to months. Ice sites before injections. Manage activity after injections.	Will likely be similar to current LEN.
SIDE EFFECTS	Possible diarrhea, nausea, headache, and fever, similar to oral prEP.	Will likely be similar to current CAB.	Possible diarrhea, nausea, headache, and fever, similar to oral prEP.	Will likely be similar to current LEN.
HORMONE USE	Safe to use.	Likely safe to use.	Safe to use.	Likely safe to use.
OTHER INFO	No effects on kidney health, cholesterol, or weight.	Likely no effects on kidney health, cholesterol, or weight.	No effects on kidney health, cholesterol, or weight.	Likely no effects on kidney health, cholesterol, or weight.
POSSIBLE DRUG INTERACTIONS	Do not take with St. John's Wort, or certain anti-seizure, TB, systemic steroid, and other drugs. Use oral pills with caution with antacids.	Will likely be similar to current CAB.	Do not take with St. John's Wort, or certain anti-seizure, TB, heart, and other drugs. Dose adjustment necessary with erectile dysfunction, steroid, statin, and other drugs.	Will likely be similar to current LEN.