HealthHIV
STATE OF Aging with HIV™
Third Annual National Survey

Findings and Implications
Background

HealthHIV’s Third Annual State of Aging with HIV™ National Survey was developed to gather information on the current experiences of OPWH in the U.S.

- Administered online via Research Electronic Data Capture (REDCap) from October 20, 2022 to January 3, 2023.
- Consisted of 151 open- and closed-ended survey questions
- To be eligible to take the survey, respondents had to be, 1) a person with HIV age 50 or older, or 2) a person living with HIV for 15 or more years
- No incentive was provided for participation.

There were 673 total participants

This survey was developed and funded entirely by HealthHIV, with no support from outside sources.
Key Survey Findings
OPWH Face Increased Multimorbidity Risks as They Age

<table>
<thead>
<tr>
<th>Comorbid Conditions Frequently Reported</th>
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<tbody>
<tr>
<td>Joint or Back Pain</td>
<td>64.4%</td>
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<tr>
<td>Hypertension</td>
<td>59.9%</td>
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<tr>
<td>Neuropathy</td>
<td>45.7%</td>
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<tr>
<td>Hypertriglyceridemia</td>
<td>39.5%</td>
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<tr>
<td>Hepatitis B</td>
<td>39.2%</td>
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<tr>
<td>Periodontitis/Oral Health Issues</td>
<td>38.3%</td>
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<tr>
<td>Heart/Cardiovascular Issues</td>
<td>32.3%</td>
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- 28% had to visit two or more pharmacies to fill their prescriptions
- 76.6% are taking at least one daily medication for a chronic comorbidity
OPWH Face Increased Frailty Risks as They Age

Respondents expressed concern about how they would manage comorbidities as they aged, noting it as a top priority facing their cohort.
Rising Mental Illness Rates and Stress Levels Point Towards Urgent Need for Mental Health Services

How much stress have you experienced in the last six months?

- almost no stress: 3%
- relatively little stress: 17%
- moderate stress: 40%
- a lot of stress: 40%

63.6% experienced a mental health condition, including depression and anxiety.
Sustainable and affordable housing is paramount in helping OPWH take control of their health.
In one word, how would you describe HIV and aging in 2022?