

# HealthHIV STATE OF **Aging with HIV**<sup>TM</sup> Third Annual National Survey

*Findings and Implications*

# Background

HealthHIV's **Third Annual State of Aging with HIV™ National Survey** was developed to gather information on the current experiences of OPWH in the U.S.

- Administered online via Research Electronic Data Capture (REDCap) from October 20, 2022 to January 3, 2023.
- Consisted of 151 open- and closed-ended survey questions
- To be eligible to take the survey, respondents had to be, 1) a person with HIV age 50 or older, or 2) a person living with HIV for 15 or more years
- No incentive was provided for participation.

There were 673 total participants

*This survey was developed and funded entirely by HealthHIV, with no support from outside sources.*

# Key Survey Findings

# OPWH Face Increased Multimorbidity Risks as They Age

## Comorbid Conditions Frequently Reported

Joint or Back Pain	64.4%
Hypertension	59.9%
Neuropathy	45.7%
Hypertriglyceridemia	39.5%
Hepatitis B	39.2%
Periodontitis/Oral Health Issues	38.3%
Heart/Cardiovascular Issues	32.3%

**28%**

had to visit  
two or more  
pharmacies  
to fill their  
prescriptions

**76.6%**

are taking at least one  
daily medication for a  
chronic comorbidity



# OPWH Face Increased Frailty Risks as They Age



**28%**  
report frailty

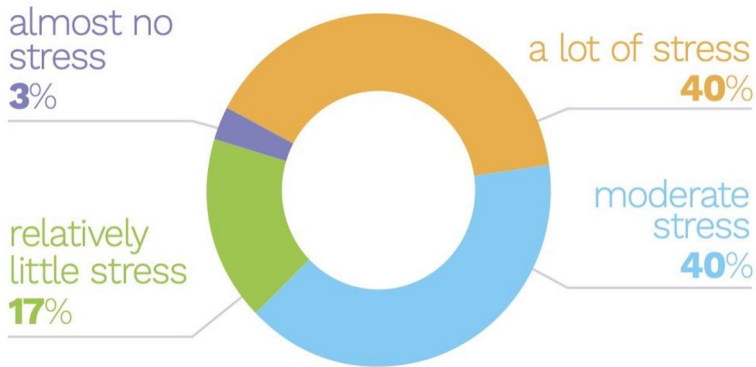
**19%**  
are limited in  
their ability to  
perform  
physical activity

**12.7%**  
need assistance  
with ADLs

Respondents expressed concern about how they would manage comorbidities as they aged, noting it as a top priority facing their cohort.

# Rising Mental Illness Rates and Stress Levels Point Towards Urgent Need for Mental Health Services

How much stress have you experienced in the last six months?

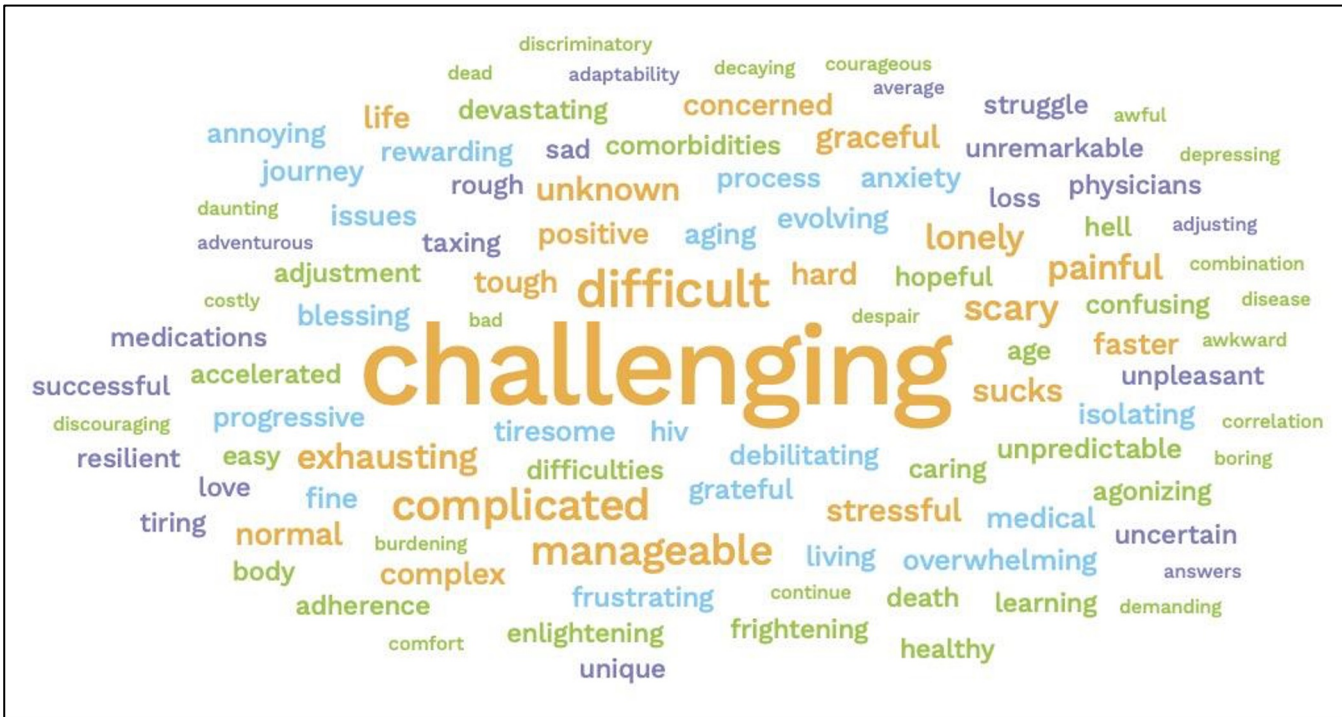


**63.6%** experienced a mental health condition, including depression and anxiety

Sustainable and affordable housing is paramount in helping OPWH take control of their health.



In one word, how would you describe HIV and aging in 2022? \_\_\_\_\_



# HealthHIV STATE OF Aging with HIV™

## Third Annual National Survey

Read the report at  
[HealthHIV.org/StateOf/AgingWithHIV](http://HealthHIV.org/StateOf/AgingWithHIV)

