



Sister to Sister: Take Control of Your Health (TCYH) **A NEW Training of Facilitators to Support HIV Prevention Among Women of Color**



Sister to Sister Take Control of Your Health

Sister to Sister: TCYH is an adaptation of the 1993 original intervention, Sister to Sister: Respect Yourself! Protect Yourself! Because You Are Worth It! This NEW, blended course offered by the Capacity Building Assistance Provider Network (CPN) National HIV Classroom and eLearning Centers and is designed for clinic-based providers. The training of facilitators course includes an eLearning module; live, instructor-led virtual training; and course evaluation.

This course is for a variety of HIV care providers in clinics and primary health care settings including:

- Community health workers
- Health educators
- Nurses
- Social workers
- HIV case managers
- Patient navigators

For More Information on This Intervention

Sister to Sister: TCYH is a one-on-one brief intervention between provider and patient that gives women the skills and information they need to reduce their risk of HIV. The intervention seeks to empower women to take control of their health by choosing PrEP and/or using condoms consistently to prevent HIV and uses CDC's new #ShesWell campaign to help reinforce a variety of healthful messages.

Providers seeking to implement Sister to Sister: TCYH at their sites can register for the Training of Facilitators, which includes two components:

- A self-paced prerequisite eLearning module
- A two-day live, instructor-led virtual training

Submit a request through the CBA Tracking System: <https://wwwn.cdc.gov/CTS>

What learners that participated in the Sister to Sister: TCYH pilot think:

"Excellent material to use."

"I LOVE the section on PrEP and PEP. I think the more we normalize these medications, the more women will feel open to starting treatment."

